



MY NEURODIVERGENT SELF ONLINE

FOR 18 & OVER WHO ARE
DIAGNOSED OR IDENTIFY AS
AUTISTIC/ADHD

6.30-8.30PM

23/07/25

06/08/25

10/09/25

01/10/25

- MENTAL HEALTH, BURNOUT,
SUICIDALITY & SELF HARM
- CO-OCCURRING CONDITIONS &
INTERSECTIONALITY
- TRAUMA
- SELF ADVOCACY & INCLUSION

£5

Per session
Per person

MY NEURODIVERGENT SELF IN PERSON COMMUNITY CREATIVE STUDIOS MARGATE

FOR 18 & OVER WHO ARE
DIAGNOSED OR IDENTIFY AS
AUTISITIC/ADHD

7.00-9.30PM

03/07/25

24/07/25

21/08/25

25/09/25

02/10/25

- COMMUNICATION DIFFERENCES,
FRIENDSHIPS & SENSORY NEEDS
- MENTAL HEALTH, BURNOUT,
SUICIDALITY & SELF HARM
- CO-OCCURRING CONDITIONS &
INTERSECTIONALITY
- TRAUMA
- SELF ADVOCACY & INCLUSION

£5

Per session
Per person

AUTISM - DIFFERENCE NOT DEFICIT

PROFESSIONALS TRAINING
IN PERSON - THANET

COUNSELLORS AND THERAPISTS
TRAINING - WORKING WITH
NEURODIVERGENT CLIENTS

10.00-3.30PM

29/07/25

10.00-3.30PM

30/08/25

- LANGUAGE
- SOCIAL MODEL
- DOUBLE EMPATHY THEORY
- ALEXITHYMIA
- MONOTROPISM
- CREATIVE PROCESSES IN THERAPY

£25

Per person

STAK CHAT PARENT/CARER 1 TO 1 SEND ADVICE SESSIONS

IN PERSON
BROADSTAIRS LIBRARY

55 MIN SLOTS

9.30AM

10.30AM

11.30AM

12.30PM

15/09/25

13/10/25

10/11/25

09/12/25

26/02/26

23/02/26

10/03/26

FREE

NEURO NURTURE - CORTHU IN PERSON BROADSTAIRS LIBRARY

A 5 WEEK COURSE TO HELP
PARENTS, PARENT THEIR AUTISITC
CHILD AUTHENTICALLY.

9.30-12.30AM

28/10/25

04/11/25

11/11/25

18/11/25

25/11/25

- DISCUSSIONS
- SPD
- BOUNDARIES
- LIVING IN A ND
HOUSEHOLD

£20

Per Session



TRAINING AND WORKSHOPS ARE SUBSIDISED
THROUGH GRANTS & DONATIONS TO IMPROVE
OUTCOMES FOR NEURODIVERGENT PEOPLE

