

# STAK.life CIC Timeline

A Legacy for Stefan

## May 2023

### Acts of kindness

Money raised for children's: counselling, horse riding lessons, toys for local children & food parcels

### Birthday Money

15 envelopes of money given out to members of the public as acts of kindness.

## February 24

### Registered

Registered with Companies House

## March/April 24

### Donation

Neil Watford ran the Brighton Marathon, raising funds.

### Donation

Donations by the Masons

## May 24

### Justines Club Night

105 people attended the music night to raise money for STAK

### Art Sale

2. 387 people attended the 4 day art event.

### Poetry & Music

122 people attended the event

### Donation

Donation made by Jigsaw Play Therapy Ltd

## 2024

## June 2024

### Collaboration

Umbrella Youth Club for Neurodivergent CYP

### STAK.life Training

38 people attended training for parents, carers and professionals.

### Donation

Donation made by Margate Roundtable

## June/July 24

### Collaboration

Training for 15 parents with 4US2

### Training Courses

Training Brochure put together and sent out

### Donation

Donation made by Julia Aniol's from her book signing

### Donation

By Nancy Shaw of Natural Pain management solutions & Steve Carter of Zenergie from a wellbeing event

## August 24

### Training

Windmill Community Gardens

### Collaboration

Mental Health event for young minds wellness day

### Music Fundraiser

STAK band performing in Broadstairs

### Promotion

On Academy FM radio to promote services.

## September 24

### World Suicide Prevention Day Event

Collaboration with Windmill Community Gardens & Local MH agencies

### STAK.life Training

Training for parents and professionals in Margate

### Collaboration

Training for parents who attend SPOTS

### Collaboration

Art event with KittySugarPowertex and Umbrella Youth Club

*A huge thank you to all of our supporters, for your acts of kindness.  
Together we are making "A world for difference"*

# STAK.life CIC Timeline

A Legacy for Stefan

## October 24

### STAK CHAT

SEND support Parent Drop ins

### Campaigning

Kent & Medway CYP Suicide Prevention Meeting

### Collaboration

Youth Network Meeting

### Collaboration

WCG & Seeme Group

### Donation

Broadstairs Business Club

## November 24

### Campaigning

Kent & Medway CYP Suicide Prevention Conference

### Training

Local businesses, Parents and Carers

### STAK CHAT

SEND support Parent Drop in

### Promotion

Margate Rotary Club

### Collaboration

STAK & Spurgeons

## December 24

### STAK CHAT

Academy FM Christmas Fair

### Promotion

SEND support Parent Drop in

### Training

Local businesses, Parents and Carers

### Promotion

Attending a book launch in London

### Collaboration

STAK and SeeMe Play

## January 25

### Bereavement Group

group for those people who are experiencing complex grief

### Campaigning

Kent & Medway CYP Suicide Prevention Meeting

### Collaboration

Training for parents who attend SPOTS

### STAK.life Training

Local businesses, Parents and Carers

### STAK CHAT

SEND support Parent Drop in

### Training

Training for the volunteer sector

## 2024 - 2025

## February 25

### Bereavement Group

Group for those people who are experiencing complex grief

### STAK.life Training

Training for parents, carers and professionals.

### STAK CHAT

SEND support Parent Drop in

### Campaigning

Kent & Medway CYP Suicide Prevention Meeting

### Speak their Name

Creative Quilt Making for those bereaved by suicide

## March 25

### Collaboration

Training for parents who attend SPOTS

### Bereavement Group

Group for those people who are experiencing complex grief

### STAK CHAT

SEND support Parent Drop in

### Campaigning

Kent & Medway CYP Suicide Prevention Meeting

### Parents support

Neuro affirming parenting course

## April 25

### Raising Awareness

Autism Awareness Month events, training & campaigning

### STAK CHAT

SEND support Parent Drop ins

### Bereavement Group

Group for those people who are experiencing complex grief

### Parents support

Neuro affirming parenting course

### Speak their Name

Creative Quilt Making for those bereaved by suicide

## May 25

### Collaboration Music Event

May 11th - Music Event in collaboration with Academy FM

### Collaboration

Kent & Medway Better Mental Health Network

### Raising Awareness

Mental Health Awareness Month

### Parents support

Neuro affirming parenting course

### Speak their Name

Creative Quilt Making for those bereaved by suicide

A huge thank you to all of our supporters, for your acts of kindness.

Together we are making "A World for Difference"

STAK

# STAK.life CIC Timeline

May 25	June 25	July 25	August 25
<b>Music Event</b> Music Event collaboration with Academy FM <b>FREE STAK CHAT</b> SEND Parent support <b>Speak their Name</b> Quilt workshop at Broadstairs Library & Beach Creative <b>My ND self workshop</b> Online workshop 18 + <b>Collaborations</b> Stone Painting with ND Harbour - Canterbury Leisure Force Event Mitie - First Aid Training	<b>Campaigning</b> Kent & Medway CYP Suicide Prevention Conference <b>FREE STAK CHAT</b> SEND Parent Support at Broadstairs Library <b>Collaboration</b> Mitie - First Aid Training BOH - Stirring Group WCG & See Me Play <b>Speak their Name</b> Quilt workshop at CCS & The Lake House Ashford <b>My ND self workshop</b> Online & Face 2 Face workshop 18 +	<b>Free STAK CHAT</b> SEND Parent Support at Broadstairs Library <b>Collaboration</b> Mitie - First Aid Training BOH - Stirring Group <b>STAK.life Training</b> Training for parents, carers and professionals. <b>Speak their Name</b> Quilt workshop at CCS & The Lake House Ashford <b>My ND self workshop</b> Online & Face 2 Face workshop 18 +	<b>Campaigning</b> Kent & Medway CYP Suicide Prevention Meeting <b>Collaboration</b> Mitie - First Aid Training BOH - Stirring Group <b>STAK.life Training</b> Training for parents, carers and professionals. <b>My ND self workshop</b> Online & Face 2 Face workshop 18 +

2025

September 25	October 25	November 25	December 25
<b>STAK.life Training</b> Training for parents, carers and professionals. <b>FREE STAK CHAT</b> SEND Parent Support <b>Speak their Name</b> Event at Dreamland with the Baton of Hope <b>My ND self workshop</b> Online & Face 2 Face workshop 18 + <b>SEND Event</b> Together for SEND Families in Kent - Maidstone	<b>Attending &amp; Influencing</b> AT- Autism Conference in London <b>FREE STAK CHAT</b> SEND Parent Support <b>My ND self workshop</b> Online & Face 2 Face workshop 18 + <b>Parents support</b> Neuro affirming parenting course <b>Speak their Name</b> Memorial Quilt going to The Houses of Parlaiment	<b>STAK.life Training</b> Training for parents, carers and professionals. <b>FREE STAK CHAT</b> SEND support Parent Drop ins <b>Parents support</b> Neuro affirming parenting course <b>Speak their Name</b> Memorial Quilt travelling around Kent	<b>Attending &amp; Influencing</b> Anna Freud Conference on Trauma <b>FREE STAK CHAT</b> SEND support Parent Drop ins <b>STAK.life Training</b> Training for parents, carers and professionals. <b>Speak their Name</b> Memorial Quilt travelling around Kent

BOH – Baton of Hope

WCG – Windmill Community Gardens

CCS –Community Creative Studios

Kent Speak Their Name – Memorial quilt for those bereaved by suicide in Kent

ND Harbour – Neurodivergent Organisation based in Canterbury